

How To Effectively Communicate Photos

This is a guide intended to assist with creating an accurate shade based on the shade prescribed on the RX.

We do not use these photos to pick shades

- 1.) Take photos before prepping. Teeth should be hydrated and clear of any debris.
- 2.) Avoid bright colors. Colored cheek retractors, bright colored lipstick, gloves, clothing or bibs can reflect on to the teeth which will affect the shade. Use clear cheek retractors and a neutral colored bib. Have the patient remove any lipstick.
- 3.) Ensure the flash is appropriately set for the photo.
- 4.) Sit the patient upright in the chair. Taking photos with the patient reclined changes the lighting and shade perception.
- 5.) Make sure you have natural light coming into the room where the photos are being taken. Turn on your room lights and turn off your operatory lights as they can create a yellowish tint in your photos.
- 6.) Include shade tabs in the photo. Ensure the shade tab # is clearly visible in the photo and include a few shade tabs as reference points. **Include a photo of stump shade tab once tooth is prepped.**
- 7.) Placement of the shade tab is very important. Be sure the entire shade tab is included in the photo. The shade tab should be held on the same plane and orientation as the tooth you are trying to match as well as placed incisal edge to incisal edge.
- 8.) Select the correct camera mode for each shot. Use the Macro setting for pictures of the teeth and a Standard setting should be used for full face shots.
- 9.) Make sure the photo is in focus and retake if necessary to Ensure a sharp clear image.
- 10.) Provide us with multiple shots for best results. **You will find a list of recommended shots to include with your case on page 2 of this form.**

Recommended shots to include with your case:

- a.) Full face smile or at least with the nose in frame for reference teeth together and teeth separated.



- b.) Full face of retracted smile with teeth together.



- c.) Full face of retracted smile with teeth separated.



- d.) Shade tab in mouth at same plane and same orientation as the natural tooth you are trying to match.



- e.) Shade tab in the mouth at the same plane as the natural tooth incisal edge to incisal edge.



- f.) Side views right and left.



- g.) ***Include a photo of the stump shade after tooth has been prepped.***